Growing Green CDC 6435-Green Bay Road 262-942-4769

Owners

Todd and Lynn Troha

Director

Annette Richter

Office Manager

Kris Kahl

Administrative Assistant

Mary Disney

Cook

Amanda Eggers

Room 1

Shawna Pennock-Lead

Katy McCain-Closer

Room 2

Ewa Krzeminska-lead teacher

Kaitlyn Rhodes-Opener

Amy Johnson-Closer

Room 3

Amy Rohlman-Lead

Berni Cope-Opener

Elizabeth Hanson-closer

Room 4

Danielle Sowdon-Lead

Justine Bloxdorf-closer

Room 5

Laurie Ann Zimmerman-Lead

Deb Roberts-Lead

Brianna Gentry-closer

Room 6

Miranda Hill-4K

Patty Schaden-Lead (GG)

Marilynn Schnuckel-Opener

Kayla Sellman-Closer

Room 7/School-Age

Lauren Bloom-Lead

Brittany Rizzo-Assistant

Dede Jurgens-Opener

Floaters

Jaymina Hardy

Leanna Jenkins

Kellie Lutz

Lauren Salisburg

Judi Ynosencio

# Growing Green Child Development Center Parent Newsletter for April 2015

Voted the Best Childcare Center in Kenosha for 2012/2014 Voted Best preschool for 2014



## Note from the Director/Annette Richter

#### Dear Parents:

Next month is Teacher Appreciation Week starting on May 4<sup>th</sup>. Every year we have asked parents to donated food for a special treat over the course of a week. Our parents have always been so generous and we have had so many wonderful treats! This year we will have a sign-up sheet at the front desk the week before, so interested parents can volunteer to bring in a treat.

Acknowledging teachers definitely should occur more than once a year. Any positive notes or verbal praise you give a teacher is treasured by them. While we all need to know areas of concerns, it is always wonderful to get positive feedback as well.

Teaching in an early childhood classroom is joyful, unpredictable, fast-paced, and exciting. Our teachers work with children every day to provide them with a developmentally appropriate educational experience. The teachers also nurture and support children through the course of the day. My teachers at GG are my heroes! They do what they do because they are committed to children. It is not a job for everyone, hence the high turn-over. So for those who stay, we need to let them know they are valued!

#### Today's Play... Tomorrow's Success!





**Today's play:** When Children play with small interlocking blocks...

### Helps preschool-age children learn:

They are improving their small muscle controlpicking up and moving objects.

### **Leads to elementary school success:**

Good small muscle control is needed for learning to write

# Tuition Express Withdrawals 2014/2015

#### 2015

July 20<sup>th</sup>

February 2<sup>nd</sup>
February 16<sup>th</sup>
March 2<sup>nd</sup>
March 16<sup>th</sup>
March 30<sup>th</sup>
April 13<sup>th</sup>
April 27<sup>th</sup>
May 11<sup>th</sup>
May 25<sup>th</sup>
June 8<sup>th</sup>
June 22<sup>nd</sup>
July 6<sup>th</sup>

August 3<sup>rd</sup>
August 17<sup>th</sup>
August 31<sup>st</sup>
September 14<sup>th</sup>
September 28<sup>th</sup>
October 12<sup>th</sup>
October 26<sup>th</sup>
November 9<sup>th</sup>
November 23<sup>rd</sup>
December 7<sup>th</sup>
December 21st



Please like our Facebook! Check in and see the latest and greatest at GG! Facebook link: https://www.facebook.com/ggcdc

#### Wisconsin Model Early Learning Standards

## What are the Wisconsin Model Early Learning Standards?

The WI Model Early Learning Standards specify developmental expectations for children from birth through entrance to 1st grade. The standards reflect the domains of a child's learning and development. The domains include: Health & Physical Development; Social and Emotional Development: Language Development & Communication; Approaches to Learning: Cognition & General Knowledge. Each domain is divided into subdomains which include developmental expectations, program standards, performance standards & developmental continuum. Samples of children's behavior & adult strategies are also provided

#### Why have model early learning standards?

Based on research and supported by evidence-based practices, the WI Model Early Learning Standards provide a framework for families, professionals and policy makers to:

Share a common language and responsibility for the well-being of children from birth to first grade;

Know and understand developmental expectations of young children;

Understand the connection among the foundations of early childhood, K-12 educational experiences, and lifelong learning.







Weather

Growing Green does not close automatically when the Unified district does. The owners will make the decision to close if the weather presents a driving hazard to teachers reporting to the center. There are several ways to find out if the school is closing:

- Check out Growing Green's facebook page at <a href="https://www.facebook.com/ggcdc">https://www.facebook.com/ggcdc</a>
- Look at the closings on WTMJ4/WISN12
- Check the Kenosha News website
- Sign up for Textcaster at the Kenosha News and you will receive a text when we close
- Call Annette at 262-945-4769



# Growing Green Healthy Snacks

## Whipped Pineapple Pops

2 - 20 oz cans naturally sweetened crushed pineapple OR 1 large fresh pineapple, cut into chunks
Juice of 1 lime

1 1/2 cups cream, almond milk, or coconut milk (full fat works best for the most creamy consistency)

Place pineapple and lime juice in a high power blender. Blend until smooth and frothy.

Combine with creamy liquid.

Pour mixture into popsicle molds and freeze until hardened.



### **April Thematic Units**

Week of April 6th: Weather/Rain Week of April 13<sup>th</sup>: Zoo animals

Week of April 20th: Earth

Week/recycling

Week of April 27<sup>th</sup>: Nursery Rhymes and

Fairy Tales

## Establishing healthy eating habits

(This is an excerpt from an article in "Beyond the Journal" by Rebecca Parlakian/2007)

A child who is overweight at three years or older is nearly eight times as likely to be overweight as an adult than a child who is not overweight. Children learn healthy eating habits from birth.

The relationship that parent and child establish around food is called the *feeding relationship*. The feeding relationship dynamic is about much more than providing nutrients to a child. This relationship is, in large part, about sharing power. And the nature and quality of this relationship has a significant influence in shaping the child's lifelong eating habits. For a child to develop a healthy approach to eating from birth, adult and child must share responsibility during feeding. The parent is responsible for providing a selection of healthy food at meals and snack time. The child is responsible for deciding what he will eat and how much. This approach teaches children to respect their bodies, to recognize the signs of hunger and fullness, and to choose accordingly when and what to eat.

- Offer three or four healthy choices at each meal from a range of healthy options (for example turkey lunch meat, whole wheat bagel, cheese slices and watermelon chunks) and allow toddlers to choose what, and how much, to eat.
- Begin to establish regular meal and snack times for children between 9 and 12 months old.
   Create reasonable mealtime routines such as allowing toddlers to set and clear the table.
   These routines make children feel loved and secure and help them anticipate and enjoy the mealtime experiences.
- Have relaxed conversations with children about what has happened during the day. Meals are a time to connect with children.
- Be flexible. Let children stop eating when they are done. Plan for 10-20 minutes of sitting at mealtime as young children cannot sit for a long time. Follow children's cues about when they are done, and give them a choice about what they can do until everyone is finished eating.

# The Children of Growing Green



Joshua is learning to appreciate books and reading!





Hayden
discovers
that
stringing
fruit loops
onto pipe
cleaners
makes him
use his
fingers!





