



Growing Green July 2015 Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 AM: Yogurt & Juice PM: Chips w/ Salsa & Milk	2 AM: Toast w/ Jelly & Milk PM: Seasonal Fruit & Milk	3 AM: Closed PM: Have a happy 4 th of July!!
6 AM: Cereal & Milk PM: Cheese w/ Crackers & Water	7 AM: Yeast Rolls w/ Honey & Milk PM: Baked Cheese Puffs & Milk	8 AM: Bagel w/cream cheese & Milk PM: Trail Mix & Milk	9 AM: Cinnamon Toast & Milk PM: Seasonal Fruit	10 AM: Diced Pears & Milk PM: Animal Crackers & Milk
13 AM: Cereal & Milk PM: Veggies w/ Ranch Dip & Milk	14 AM: Pineapple & Milk PM: Goldfish Crackers & Milk	15 AM: Corn Muffins & Milk PM: Veggie Straws & Milk	16 AM: Bagel w/cream cheese & Milk PM: Seasonal Fruit & Milk	17 AM: Applesauce & Milk PM: Fruit Juice Pops & Crackers
20 AM: Cereal & Milk PM: Bagel Pizzas & Milk	21 AM: Peaches & Milk PM: Pita Chips & Milk	22 AM: Yogurt w/ Granola & Milk PM: Pretzels & Milk	23 AM: Toast w/Butter & Milk PM: Seasonal Fruit & Milk	24 AM: Animal Crackers & Milk PM: String Cheese w/ crackers & Water
27 AM: Cereal & Milk PM: Carrots w/ Ranch Dip & Milk	28 AM: Bagel w/cream cheese & Milk PM: Chips w/ Salsa & Milk	29 AM: Biscuits w/ Jelly & Milk PM: Trail Mix & Milk	30 AM: Sun Butter on Bread & Milk PM: Seasonal Fruit & Milk	31 AM: Tropical Fruit & Milk PM: Veggie Chips & Milk

Frozen Grapes

Ingredients:

24 frozen grapes
1 1/2 cups heavy whipping cream

Directions:

Spray 24 miniature muffin cups with cooking spray. Pour 1 tablespoon whipping cream into each muffin cup. Place one grape in the muffin cup and swirl grape in cream to coat. Freeze grape mixture until solid—about one hour.



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