



Nutritionized Menu

September



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
August 8/31	9/1	9/2	9/3	9/4
Meatballs in Beef Gravy Steamed Rice Broccoli/Cauliflower Medley Pineapple Chunks Wheat Dinner Roll	Chicken and Rice Bake Green Beans Banana Wheat Bread	Macaroni & Cheese Entrée Broccoli Cinnamon Applesauce Rye Bread	New Orleans Chicken Mashed Potatoes Diced Carrots Fresh Orange Wheat Bread	Cheeseburger Casserole Peas Fresh Apple Italian Bread
9/7	9/8	9/9	9/10	9/11
CLOSED	Spaghetti & Meat Sauce Peas and Carrots Fresh Orange Italian Bread	Chicken Nuggets BBQ Dip Steamed Rice Green Beans Fresh Pear	Turkey Taco Shredded Cheese Shredded Lettuce Peas Banana Soft Flour Tortilla	Cheesy Penne with Chicken Vegetable Blend Fresh Orange Wheat Dinner Roll
9/14	9/15	9/16	9/17	9/18
BBQ Meatballs Mashed Potatoes Peas and Carrots Fresh Pear Wheat Bread	Beef Taco Diced Carrots Shredded Cheddar Cheese Shredded Lettuce Banana Soft Flour Tortilla	Chicken Fried Rice Broccoli Fresh Apple Rye Bread	Parmesan Noodles with Chicken Peas and Carrots Fresh Orange Wheat Dinner Roll	Sloppy Joe Pasta Salad Green Beans Applesauce Mini Wheat Hamburger Bun
9/21	9/22	9/23	9/24	9/25
Turkey Hot Dog Steamed Rice Peas and Carrots Applesauce Hot Dog Bun	Pizza Noodle Bake Vegetable Blend Fresh Apple Italian Bread	Meatballs Au Jus Steamed Rice Broccoli Pineapple Chunks Wheat Dinner Roll	Shells & Cheese Green Beans Banana Rye Bread	BBQ Chicken Mashed Potatoes Corn Fresh Orange Wheat Bread
9/28	9/29	9/30	10/1	10/2
Chicken Nuggets/Ketchup Steamed Rice Broccoli/Cauliflower Medley Pineapple Chunks	Chicken Tender Wrap Shredded Lettuce Homemade Ranch Dip Green Beans Banana Soft Flour Tortills	Salisbury Steak Penne Pasta Broccoli Cinnamon Applesauce Rye Bread	Turkey Hot dog Mashed Potatoes Diced Carrots Fresh Orange Hot Dog Bun	Cheeseburger Casserole Peas Fresh Apple Italian Bread