January Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Closed	Chicken Potato Taco	Beef Mostaccioli
		Нарру	Spanish Rice	Baked Sliced Sw. Potatoes
		New Year!	Brussel Sprouts	Diced Fresh Fruit
			Pear/WG Flour Tortilla	WG Wheat Bread
6	7	8	9	10
Macaroni & Cheese	Chicken Cacciatore	Beef Nachos & Cheese	Chicken Parmesan	WG Beef Pepperoni
Green Peas	Penne Pasta	Steamed Rice	w/ Noodles	Pizza
Apple	Green Beans	Diced Carrots	Broccoli	Butternut Squash
WG Dinner Roll	Banana/WG Wheat Bread	WG Corn Tortilla Chips	Pear/WG Wheat Bread	Diced Fresh Fruit
13	14	15	16	17
Vegetarian Bean Chili	Beefy Meat Sauce	Fajita Chicken Skillet w/	Macaroni & Cheese	Cheesy Potato Meatloaf
Steamed Rice	Spaghetti Noodles	Cheese	Broccoli	Casserole
Green Peas	Cauliflower	Refried Beans/ Corn	Pear	Green Beans
Apple/WG Corn Bread	Banana/WG Wheat Bread	Orange/WG Flour Tortilla	WG Wheat Bread	Diced Fresh Fruit/WG Bread
20	21	22	23	24
Turkey Hot Dog	BBQ Pulled Chicken	Beef Stuffed Pepper	Cheesy Taco Rice	Ziti Pasta w/ Chicken
Oven Browned Potatoes	Rainbow Potatoes	Casserole w/ Rice	Spanish Black Beans	In a Creamy Red Sauce
Diced Carrots	Broccoli	Green Beans	Pear	Butternut Squash
Apple/WG Hot Dog Bun	Banana/WG Bun	Orange/WG Wheat Bread	WG Corn Tortilla Chips	Diced Fresh Fruit/WG Bread
27	28	29	30	31
Italian Beef Meatballs	Chicken Lo Mein	Chicken Corn Dog Nuggets	Chicken Potato Taco	Beef Mostaccioli
In Marinara w/ Rotini Pasta	Cauliflower	Baked French Fries	Spanish Rice	Baked Sliced Sw. Potatoes
Green Beans	Banana	Green Peas	Brussel Sprouts	Diced Fresh Fruit
Apple	WG Wheat Bread	Orange	Pear/WG Flour Tortilla	WG Wheat Bread
WG Dinner Roll				